



SUMMER HEARTplay @ Home Schedule

2020

HEARTplaySM is a heart-centered bereavement program which serves children, teens and young adults of all abilities who are coping with the life-limiting illness or death of an important person in their lives. Licensed mental health counselors and expressive therapists use movement, music, art, play, and discussion to help participants explore and express feelings associated with grief and loss. Participants are invited to honor their person, learn about the grieving process, and connect with peers who have experienced a similar loss. We strive to offer programs and services that are trauma-informed and responsive to the needs of families in our communities.



2020 SUMMER GROUP DATES:

- **Wed., July 8, 2020**
 - 2-3pm (ages 6-9)
 - 3-4pm (ages 9-12)
 - 4-5pm (teen)
- **Wed., July 22**
 - 2-3pm (ages 6-9)
 - 3-4pm (ages 9-12)
 - 4-5pm (teen)
- **Wed., August 5, 2020**
 - 2-3pm (ages 6-9)
 - 3-4pm (ages 9-12)
 - 4-5pm (teen)
- **Wed., August 19, 2020**
 - 2-3pm (ages 6-9)
 - 3-4pm (ages 9-12)
 - 4-5pm (teen)

All Summer groups are being held on Zoom. Call in option available.

Zoom invitations will be emailed to all registered participants prior to the start of each group meeting.

Groups are offered at no cost for all participants.

To register visit:

<http://heartplayprogram.org/registration/>

Questions, please contact:

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www.heartplayprogram.org

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