

# HEARTplay @ Home Grandparent Loss Groups



**HEARTplay<sup>SM</sup>** is a heart-centered bereavement program which offers support services for children, teens and young adults of all abilities who are coping with the life-limiting illness or death of an important person in their lives. Licensed mental health counselors and expressive therapists use movement, music, art, play, and discussion to help participants explore and express feelings associated with grief and loss. Participants are invited to honor their person, learn about the grieving process, and connect with peers who have experienced a similar loss. We strive to offer programs and services that are trauma-informed and responsive to the needs of families in our communities.

## **WINTER/SPRING 2021 DATES:**

Saturday, January 9  
Saturday, February 6  
Saturday, March 6  
Saturday, April 3  
Saturday, May 1  
Saturday, June 5

11AM-12PM

*Children & teens of all ages who are  
grieving the death of a grandparent  
are welcome to attend.*

All groups are currently being held on  
Zoom.

Zoom invitations are emailed to all  
registered participants prior to the start of  
each group meeting.

*Participants are welcome to attend  
one or more groups.*

*All programs are offered at **no cost** to  
all families.*

For new participants, register at: [heartplayprogram.org/registration](https://heartplayprogram.org/registration)

**Questions, contact: Jennifer Wiles, HEARTplay Director**  
508-309-5107 or [jennifer.wiles@athome.bilh.org](mailto:jennifer.wiles@athome.bilh.org)